



Keeping Sanity and Building Stability: The New Leadership Imperative in Tech

Intro:

As we begin 2025, the tech industry continues to evolve at a breakneck pace, presenting unique challenges for leaders. Through recent conversations with 40 tech leaders, from team leads to C-level executives, one common theme stood out: technical expertise is no longer enough. The new requirement for tech leaders is the ability to maintain sanity and create a sense of stability amidst constant restructures, tech transformations, and change implementations. Here's what I learned about navigating leadership in this rapidly changing landscape.

What Tech Leaders Struggle With

From these interviews, several recurring pain points emerged:

1. **Balancing Technical and People Leadership:** Many leaders find it hard to shift from doing the work themselves to empowering their teams.
2. **Motivating Teams:** A lack of ownership and intrinsic motivation within teams is a major frustration.
3. **Communication Gaps:** Translating technical priorities into clear goals for diverse teams is often a stumbling block.
4. **Handling Change:** Constant organizational shifts and ambiguous priorities leave leaders and their teams overwhelmed.
5. **Scaling Leadership:** Managing growing teams while maintaining alignment and trust is a challenge for even the most experienced leaders.

The Need for Stability Amidst Chaos

Leaders in tech are often tasked with driving innovation while managing the fallout of frequent restructures and rapid changes. What's required the most is a leader's ability to instill calm, maintain clarity, and provide a stabilizing presence during periods of transformation. This growing demand for resilience and stability has become a core component of effective leadership in tech organizations.

The Results Leaders Want

Despite these struggles, tech leaders are deeply committed to building teams that:

- Take ownership and deliver exceptional results.
- Collaborate effectively and communicate transparently.
- Thrive in environments of clarity and shared purpose.
- Stay motivated, even during times of uncertainty and change.



How Leaders Want to Feel

Leadership isn't just about results—it's also about personal growth and satisfaction. Tech leaders often express a desire to feel:

- **Fulfillment:** A sense of pride in their team's success and their role in fostering it.
- **Clarity:** Confidence in navigating complex dynamics and making the right decisions.
- **Calm and Control:** Reduced chaos and a stable environment where they can focus on priorities.
- **Inspiration:** The joy of working in a culture that aligns with their values and drives innovation.

How Coaching and Change Management Can Help Tech Leaders Thrive

Through coaching and change management, tech leaders can develop the tools and mindset needed to excel in people leadership. Coaching tailored to these unique challenges include:

1. **Leadership Development Programs:** Practical workshops that bridge the gap between technical expertise and team leadership.
2. **1:1 Coaching:** Personalized support to tackle issues like delegation, team dynamics, and scaling leadership.
3. **Team Alignment Sessions:** Facilitated meetings to establish shared goals, resolve conflicts, and boost collaboration.
4. **Culture and Mindset Shifts:** Partnering with leaders to create environments that prioritize innovation, ownership, and trust.
5. **Ongoing Mentorship:** Regular check-ins to reinforce progress and adjust strategies as needed.

The Impact of People Leadership in Tech

Leaders who invest in their people leadership skills see results that go beyond performance metrics:

- **Higher Engagement:** Teams feel motivated and connected to their work.
- **Improved Retention:** A positive, trust-filled culture reduces turnover.
- **Scalable Leadership:** Leaders build a legacy of empowerment and resilience.
- **Personal Fulfillment:** Seeing teams thrive adds a new layer of satisfaction to leadership.

Conclusion:

Leadership in the tech world is evolving. While technical expertise remains essential, the ability to inspire, stabilize, and lead people is what sets great tech leaders apart. For those ready to embrace this shift, the journey may seem daunting, but the rewards are transformative—for their teams, their organizations, and themselves.

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